

Comparison Table of Major Psychoanalytic Institutes in NYC

This table provides a quick comparison of key features across some of the major psychoanalytic training institutes in the New York City area. Please note that this is not an exhaustive list, and information should be verified directly with each institute as offerings and requirements may change.

Theoretical Orientation Comparison

Institute	Primary Theoretical Orientation	LP Qualifying	Minimum Degree Required	Training Format	Key Special Features
NYPSI	Freudian/Contemporary	No	MD/PhD/PsyD/LCSW	In-person	Oldest institute (1911), APSaA member, Research focus
White Institute	Interpersonal/Relational	Yes	Masters	In-person	Founded 1940s, Low-cost clinic, Face-to-face approach
CMPS	Modern Psychoanalysis (Spotnitz)	Yes	Masters any field	In-person	Techniques for narcissistic/preoedipal disorders
IPTAR	Diverse psychoanalytic	Yes	Masters	In-person	IPA member, Cultural diversity focus, F-1 visa program
Columbia	Contemporary psychoanalytic	No	PhD/PsyD/MD	In-person	University affiliation, Academic emphasis
NYU Postdoc	Multiple tracks (Freudian, Relational, etc.)	No	Doctoral	In-person/Hybrid	Multiple theoretical tracks, University affiliation
CFS	Contemporary Freudian	Yes	Masters	In-person	IPA member, Child analysis program
Jung Institute	Jungian	Yes	Masters any field	In-person/Hybrid	Dreamwork, mythology, religious symbolism
NIP	Contemporary Relational	Yes	Masters any field	Hybrid	Trauma focus, Anti-racist, LGBTQIA-affirmative
PPSC	Integrative	Yes	Masters	Hybrid	Multiple orientations, Refugee support program
NPAP	Eclectic	Yes	Masters any field	In-person	Founded by Theodor Reik, Diversity of backgrounds

Institute	Primary Theoretical Orientation	LP Qualifying	Minimum Degree Required	Training Format	Key Special Features
Harlem Family	Relational/Community	Pending	Masters + license	In-person	Community service, Schools & centers, Affordable therapy
IEA	Eclectic with creative modalities	Yes	Masters + 100hrs treatment	In-person	Unique creative & expressive modalities focus
WCSP	Contemporary psychoanalytic	Pending	Varies	Online	Entirely remote training, Continuing education focus

Key Details Comparison

Institute	Tuition Range (Annual)*	Affiliated Treatment Center	Child/Adolescent Training	Group Therapy Training	Couples Therapy Training
NYPSI	\$\$\$\$	Yes	Yes	No	No
White Institute	\$\$\$\$	Yes	Yes	No	No
CMPS	\$\$\$	Yes	No	Yes	No
IPTAR	\$\$\$\$	Yes	Yes	No	No
Columbia	\$\$\$\$	Yes	Yes	No	No
NYU Postdoc	\$\$\$\$	Yes	No	No	Yes
CFS	\$\$\$\$	Yes	Yes	No	No
Jung Institute	\$\$\$	Yes	No	No	No
NIP	\$\$\$	Yes	Yes	No	Yes
PPSC	\$\$\$	Yes	Yes	No	No
NPAP	\$\$\$	Yes	No	No	No
Harlem Family	\$\$	Yes	Yes	No	No
IEA	\$\$\$	Yes	Yes	No	No
WCSP	\$\$\$	Yes	Yes	No	Yes

*Tuition ranges (excluding supervision and personal analysis costs):

\$\$ = Under \$5,000

\$\$\$ = \$5,000-\$10,000

\$\$\$\$ = Over \$10,000

Size and Community

Institute	Approximate Size	Student:Faculty Ratio	International Students	Scholarships Available
NYPSI	Large	Medium	Limited	Yes
White Institute	Medium	Small	Yes	Yes
CMPS	Medium	Small	Yes	Limited
IPTAR	Medium	Small	Yes (F-1 Visa)	Yes
Columbia	Medium	Medium	Limited	Limited
NYU Postdoc	Large	Medium	Limited	Limited
CFS	Medium	Small	Yes	Limited
Jung Institute	Small	Small	Yes	Limited
NIP	Medium	Small	Yes	Yes
PPSC	Medium	Small	Yes	Yes
NPAP	Medium	Small	Yes	Limited
Harlem Family	Small	Very Small	Limited	Yes
IEA	Small	Small	Limited	Limited
WCSP	Medium	Small	Yes (remote)	Limited

Notes and Disclaimers

1. This comparison table is based on publicly available information as of June 2025. For the most accurate and up-to-date information, please contact the institutes directly.
2. "LP Qualifying" refers to programs that qualify graduates to sit for the New York State Licensed Psychoanalyst exam.
3. Theoretical orientations are simplified for comparison; most institutes embrace some degree of theoretical pluralism while maintaining primary orientations.
4. Tuition figures are approximate and exclude the substantial additional costs of personal analysis and supervision, which typically far exceed the cost of classes.
5. Size categories are relative within the New York psychoanalytic community: Small (under 50 candidates), Medium (50-100 candidates), Large (over 100 candidates).

[Return to Home](#)