

Directory of Psychoanalytic Training Institutes in New York City

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New York Psychoanalytic Society & Institute (NYPSI)

Contact Information

- **Address:** 247 East 82nd Street, New York, NY 10028
- **Phone:**
 - General Inquiries/Brill Library: 212.879.6900
 - Treatment Center: 212.879.0196
- **Fax:** 212.879.0588
- **Email:** info@nypsi.org
- **Website:** <https://nypsi.org/>

Key Staff

- **Sharon M. Weller, M.P.A.** - Administrative Director (admdir@nypsi.org)
- **John McCarthy, CPA** - Accountant (accounting@nypsi.org)
- **Tanya Deneen Street** - Treatment Center Coordinator (tc@nypsi.org)
- **Emily Summers** - Education Program Administrator (educadministrator@nypsi.org)

- **Julissa Gutierrez** - Reception and Building Management (info@nypsi.org)
- **Alexander Kalogerakis, M.D.** - Chair of the Admissions Committee (adkalogerakis@gmail.com, 212.501.9466)

Training Programs

Overview

NYPSI has been training psychoanalysts since its founding in 1931. Their educational activities include:

- Training in psychoanalysis and psychoanalytic psychotherapy
- Psychology externships, internships and post-doctoral studies
- Year-long psychoanalytic fellowship program for social work and psychology graduate students, and psychiatric residents
- Licensure-Qualifying Program in Psychoanalysis
- Scholars Program for non-clinical psychoanalytic education

Specific Programs

1. **Adult Psychoanalytic Training Program**
2. **Child & Adolescent Psychoanalysis**
3. **Licensure-Qualifying Program in Psychoanalysis (LP Program)**
 - For academics, psychologists with a Masters degree and physicians who are not psychiatrists
4. **Psychoanalytic Fellowship**
5. **Psychology Externship & Internship**
6. **Postdoctoral Psychology Fellowship**
7. **Blos Fellowship**
8. **Scholars Program**
 - For members of academic disciplines whose work would be enhanced by a psychoanalytic perspective

Application Process

- Application deadline: May 15 for the following academic year
- Application fee: \$125 (not refundable and not credited toward tuition)
- Applications should be sent to Sharon Weller, admdir@nypsi.org

Eligibility

NYPSI invites applications from:

- Physicians licensed in New York State who are enrolled in or have completed psychiatric residency
- Psychologists with Ph.D. or Psy.D. from APA-accredited programs
- Social Workers with Ph.D. or D.S.W. from GADE-recognized programs
- Social Workers with LCSW or LMSW (within a year of LCSW eligibility)
- Psychiatric Nurse Practitioners licensed in NY State
- Licensed Mental Health Counselors with a Masters degree
- Advanced students in relevant degree programs

Requirements for Matriculation

- Personal training analysis
- Course work and psychoanalysis of patients under supervision (timing determined with faculty advisor)

Administration

All educational programs are conducted under the auspices of:

- Dean of Education
- Associate Dean of Education for Child and Adolescent Analysis
- Institute's Education Committee

Columbia University Center for Psychoanalytic Training and Research

Contact Information

- **Address:** 1051 Riverside Drive, New York, NY 10032
- **Phone:** 646-774-5000
- **Email:** psychoanalysis@cumc.columbia.edu
- **Website:**
<https://www.columbiapsychiatry.org/education-and-training/columbia-university-center-psychoanalytic-training-and-research>

About

The Center for Psychoanalytic Training and Research is part of Columbia University's Vagelos College of Physicians and Surgeons and an integral component of its Department of Psychiatry. It is a preeminent institution for training the next generations of psychoanalytic providers and researchers, combining a legacy of clinical and educational excellence with the latest and most forward-thinking approach to the field.

Mission

The Center seeks to promote the health of individuals, families, and communities by:

- Providing the highest caliber training to a diverse group of clinicians in the alleviation of distress through modern, psychoanalytically-informed treatments
- Advancing understanding of the mind, human relationships, and society
- Bringing analytic ideas to professions and the world through interdisciplinary dialogue

Training Programs

Psychoanalytic Programs

The Center offers certificate programs in psychoanalysis, which are graduate programs of Columbia University. These programs feature a minimum of 4½ years of coursework and weekly supervision of ongoing psychoanalyses conducted by the candidate.

Program Options:

1. **Adult Psychoanalysis** - Focuses on working with adults
2. **Child and Adolescent Psychoanalysis** - Taken in addition to adult training for those seeking to treat younger patients
3. **Accelerated Child Psychoanalysis** - Offers training in the treatment of children only for those not seeking to take adult patients

Other Educational Programs

1. **Psychotherapy Programs**
2. **Psychology Externship**
3. **Columbia Academy for Psychoanalytic Educators (CAPE)**
4. **Psychoanalytic Studies Program**

5. Affiliate Scholars Program

Certification

Upon graduation, candidates receive a Certificate in Psychoanalysis from Columbia University and become eligible for professional certification through the American Psychoanalytic Association.

Continuing Education

The Center offers up to thirty (30) credits of CE for psychologists and CME for physicians per program year of their adult psychoanalysis program.

Core Commitments

- Promotion of analytic inquiry, curiosity, and humility
- Critical and creative study of an evolving and broad range of theoretical approaches
- Building belonging among all members through the ethical practices of equity and inclusion

Institute for Psychoanalytic Training and Research (IPTAR)

Contact Information

- **Address:** 1651 3rd Ave, Suite 205, New York, NY 10128
- **Phone:** +1 (212) 427-7070
- **Email:** contact@iptar.org
- **Website:** <https://www.iptar.org/>
- **Hours:** Monday – Friday 10 AM – 5 PM

About

Founded in 1958 by four women psychoanalysts committed to the highest level of professional development, IPTAR remains true to its founders' vision of an inclusive, ever-evolving psychoanalysis. IPTAR became a member of the International Psychoanalytic Association (IPA) in 1980.

Training Programs

Overview

The Training Institute offers rigorous and thorough training in psychoanalytic theory and technique for serious, qualified students from a variety of academic and professional backgrounds.

Curriculum

The curriculum in all training programs begins with a contemporary Freudian perspective and integrates recent research and analysis in the theory of object relations, the theory of the self, attachment theory, and the widening scope of psychoanalysis.

Programs Offered:

1. **Adult Psychoanalysis**

- NY State License in Psychoanalysis (LP) Eligible Program

2. **Child and Adolescent Psychotherapy (CAP)**

3. **Respecialization Training**

- For professionals seeking to transition to psychoanalysis
- Candidates in Respecialization will need to be accepted into Adult Psychoanalytic Training Program to complete LP requirements

4. **Integrated Track in Adult and Child Psychoanalysis**

- IPA approved program

5. **The IPTAR Pre-Psychoanalytical Training Program (Intern-Externship)**

6. **The Gould Center for Psychoanalytic Organizational Study and Consultation**

7. **Anni Bergman Parent-Infant Training**

Additional Programs and Resources

- International Students Program (SEVIS)
 - Asylum program
 - Internship/externship program
 - IPTAR Clinical Center (ICC) - recognized by the American Psychoanalytic Association as one of the finest community mental health centers in the US
 - Scholarships
 - Comprehensive psychoanalytic library
 - Candidates' organization
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Psychoanalytic Association of New York (PANY)

Contact Information

- **Address:** One Park Avenue (at 33rd Street), 8th Floor, NYU Langone Health, Department of Psychiatry, New York, NY
- **Phone:** 646-754-4870
- **Email:** pany@nyulangone.org
- **Website:** <https://www.pany.org/>
- **Affiliation:** NYU Grossman School of Medicine

About

PANY is an education and treatment center, affiliated with NYU Grossman School of Medicine, that provides training and therapy based on psychoanalytic principles. Their mission is educating psychoanalysts to help people become the best versions of themselves.

Training Programs

Overview

Psychoanalytic education at PANY is an intensive program which integrates three essential components:

- Seminars in the theory and practice of psychoanalysis (four years to complete)
- Supervised psychoanalytic treatment of patients
- A personal psychoanalysis

Programs Offered:

1. **Adult Psychoanalysis**
2. **Child & Adolescent Psychoanalysis**
3. **Licensed Psychoanalyst Program Track** - For Licensed Mental Health Counselors (LMHC), Licensed Marriage and Family Therapists (LMFT), Licensed Creative Arts Therapists (LCAT) or other clinically experienced licensed mental health professionals
4. **Virtual Psychotherapy for Psychosis Course and Online Consultation Group**

Eligibility

PANY welcomes applicants who hold a terminal degree in their field:

- MD and DO psychiatrists and residents
- PhD and PsyD clinical psychologists
- LCSW or DSW clinical social workers
- NP Psychiatric Nurse Practitioners
- Licensed Mental Health Counselors (LMHC)
- Licensed Marriage and Family Therapists (LMFT)
- Licensed Creative Arts Therapists (LCAT)
- Other clinically experienced licensed mental health professionals

Schedule

PANY's educational events and training are held in the heart of Murray Hill. Depending upon the program, classes or events take place:

- Saturdays
- Monday or Tuesday evenings

Affiliations

- Member of the American Psychoanalytic Association
- Member of the American Association for Psychoanalytic Education (AAPE)

Manhattan Institute for Psychoanalysis

Contact Information

- **Address:** 80 Fifth Avenue, Suite 903A, New York, NY 10011
- **Phone:** 212-422-1221
- **Website:** <https://manhattanpsychoanalysis.com/>
- **Email:** info@manhattanpsychoanalysis.com

About

Established in 1980 and chartered by the Board of Regents of the State University of New York, the Manhattan Institute for Psychoanalysis (MIP) offers comprehensive psychoanalytic training programs. The theoretical framework is contemporary interpersonal psychoanalysis as embedded in the broader relational tradition.

Training Programs

Certificate Program in Psychoanalysis

- **Curriculum:** Four years of formal coursework plus a fifth year of elective study. The curriculum includes classical psychoanalytic thought, object relations, interpersonal thinking, intersubjectivity, and contemporary relational models.
- **Schedule:** Two courses per trimester. Classes meet Thursday evenings from 6:30-8:00 PM and 8:30-10:00 PM, for ten weeks per trimester.
- **Requirements:**
 - **Eligibility:** Open to qualified, licensed mental health providers (psychiatrists, psychologists, social workers, psychiatric nurses). Outstanding candidates who don't meet these requirements may be considered individually.
 - **Personal Analysis:** Required throughout training, minimum of 300 hours at a frequency of three times per week (beginning no later than September of second year).
 - **Supervised Experience:** Candidates work with at least two patients in psychoanalysis, beginning in first year. Minimum of 200 hours of individual supervision with at least three supervisors over five years.

- **Clinical Requirements:**
 - One patient seen twice weekly (minimum 300 hours), beginning by January of first year
 - One patient seen three times weekly (minimum 400 hours), beginning by September of second year
 - Licensed candidates must carry minimum of two clinic patients throughout training
- **Costs (2024-25):**
 - **Tuition:** \$3,500 per year for first four years, then \$200 per trimester until graduation
 - **Application Fee:** \$75 (non-refundable)
 - **Supervision:** \$75 per session (paid to Manhattan Institute)
 - **Personal Analysis:** Fee determined with analyst
 - **Financial Assistance:** Need-based financial assistance and scholarships available, including equity-based scholarships for BIPOC candidates
- **Application Deadline:** June 1 for the following academic year

Licensure Qualifying Program in Psychoanalysis

- A program that enables graduates to become licensed psychoanalysts in New York State

One Year Program: Psychoanalysis and the Sociopolitical World

- A one-year program exploring the intersection of psychoanalysis with sociopolitical issues

Certificate Program in Trauma Studies

- Specialized training in psychoanalytic approaches to trauma

Center for Modern Psychoanalytic Studies (CMPS)

Contact Information

- **Address:** 16 West 10th Street, New York, NY 10011
- **Phone:** (212) 260-7050
- **Email:** cmpps@cmpps.edu

- **Website:** <https://www.cmeps.edu/>

About

The Center for Modern Psychoanalytic Studies (CMPS) is a New York State Licensure Qualifying Institute that offers comprehensive training in the theory and practice of psychoanalysis. For almost fifty years, CMPS has trained people from various backgrounds – mental health, the arts, literature, philosophy, education, and business – in their psychoanalytic programs.

Training Programs

Certificate Program in Psychoanalysis

- **Overview:** A comprehensive psychoanalytic training program that prepares students to become skilled clinicians. The program includes classroom instruction and supervised practice in their on-site clinic.
- **Structure:** Three training levels:
 1. **Matriculation:** Pre-clinical coursework
 2. **Certificate Candidacy:** Clinical internship at the Center's Referral Service
 3. **Research Candidacy:** Supervised research of a control case
- **Curriculum:** Core courses include:
 - Human Development: Maturation Process
 - Psychoanalytic Theory
 - Psychoanalytic History
 - Clinical Studies
 - Research
 - Clinical Supervision
- **Requirements:**
 - **Training Analysis:** All students must be in a once-a-week individual psychoanalysis with an approved training analyst throughout their training
 - **Group Analysis:** 150 sessions of an approved group analysis may be applied toward graduation requirements
 - **Clinical Training:** Supervised clinical training at the CMPS Referral Service

- **Supervision:** After two semesters of psychoanalytic practice in small group supervision, clinically experienced students may apply to begin individual supervision
- **Schedule:** Classes meet in the evening to accommodate students' work schedules
- **Eligibility:** Open to mental health professionals and those from other backgrounds

Master's Degree Program

- **Degree Offered:** Master of Arts in Psychoanalysis through the New York Graduate School of Psychoanalysis

One-Year Program

- **Focus:** Psychoanalysis and the Sociopolitical World
- **Format:** In-person survey course open to the public

Introduction to Modern Psychoanalysis

- **Format:** In-person survey course open to the public

Distance Learning Options

- Available for students who cannot attend in-person classes

Additional Information

- CMPS is a stimulating, collaborative learning environment with personalized instruction in small interactive classes and case supervisions
- Graduates are prepared to treat a wide range of mental disorders, utilizing both intellectual insight and emotional understanding
- Financial aid and scholarships may be available

American Institute for Psychoanalysis (AIP)

Contact Information

- **Address:** 329 East 62nd Street, New York, NY 10065
- **Phone:** 212-838-8044
- **Email:** info@aipnyc.org

- **Website:** <https://aipnyc.org/>

About

The American Institute for Psychoanalysis (AIP) was founded by Karen Horney in 1941 and is one of the oldest psychoanalytic training institutes in New York City. AIP has been training mental health professionals in psychoanalysis and psychotherapy since its founding and prides itself on its diversity of people and opinions.

Training Programs

AIP offers comprehensive training programs in psychoanalysis and psychotherapy, with a focus on the humanistic and culturally sensitive approach developed by Karen Horney. The institute emphasizes the importance of understanding the whole person in their social and cultural context.

Psychoanalytic Psychotherapy Study Center (PPSC)

Contact Information

- **Address:** 80 Fifth Avenue, Suite 903A, New York, NY 10011
- **Phone:** 212-633-9162
- **Email:** ppsc@ppsc.org
- **Website:** <https://www.ppsc.org/>

About

The Psychoanalytic Psychotherapy Study Center (PPSC) is a New York City-based psychoanalytic training institute that is multi-theoretical in its approach. PPSC offers training in psychoanalysis and psychoanalytic psychotherapy with a focus on integrating various theoretical perspectives.

Training Programs

PPSC provides comprehensive training programs that prepare mental health professionals to practice psychoanalytic psychotherapy and psychoanalysis. The institute's approach is characterized by its openness to diverse theoretical orientations and its emphasis on the integration of different psychoanalytic models.