

# Directory of Psychoanalytic Institutes (2014)

## New York City and Metropolitan Area Psychoanalytic Training Institutes

### 1. The Academy of Clinical and Applied Psychoanalysis (ACAP)

- **Address:** 301 S. Livingston Ave, Livingston, New Jersey 07039
- **Phone:** 973-629-1001
- **Website:** [www.acapnj.org](http://www.acapnj.org)
- **Email:** [acapnj@acapnj.org](mailto:acapnj@acapnj.org)
- **License Eligible:** N/A in NJ
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters for Matriculation level, but with an interview courses may be taken with a BA degree
- **Training Programs:** Certificate in Psychoanalysis, Certificate in Trauma and Resilience, Modern Psychoanalysis
- **Description:** A Modern Psychoanalytic institute with an emphasis in working with Borderline, Depressives, and Schizophrenic Disorders. Their approach helps patients and students become active participants in the processes of treatment and training through consultation.

### 2. Adelphi University Postgraduate Programs in Psychoanalysis and Psychotherapy

- **Address:** P.O. Box 701, One South Avenue, Adelphi University, Garden City, NY 11530-0701
- **Phone:** 516-877-4826
- **Website:** [www.derner.adelphi.edu/postgraduate](http://www.derner.adelphi.edu/postgraduate)
- **Email:** [cresci@adelphi.edu](mailto:cresci@adelphi.edu)
- **License Eligible:** No
- **Accredited:** ACPEinc
- **Minimum Degree:** Masters in a mental health profession
- **Training Programs:** Postgraduate Program in Psychoanalysis and Psychotherapy; One Year Program in Psychoanalytic Psychotherapy; Postdoctoral Psychology Fellowship Program; Child, Adolescent, and Family Therapy Program; Group Psychotherapy Program; Couple Therapy Program;

Psychoanalytic Supervision Program; Psychodynamic School Psychology Program

- **Description:** A division of the Derner Institute of Adelphi University offering candidates the opportunity to acquire didactic and clinical experience to become practitioners of psychoanalytic psychotherapy and psychoanalysis.

### 3. The American Institute for Psychoanalysis

- **Address:** 329 East 62nd Street, New York, NY 10065
- **Phone:** 212-838-8044
- **Website:** [www.aipnyc.org](http://www.aipnyc.org)
- **Email:** [aipkh@aol.com](mailto:aipkh@aol.com)
- **License Eligible:** No
- **Accredited:** The University of the State of New York Education Department (Absolute Charter)
- **Minimum Degree:** Masters in a mental health profession
- **Training Programs:** Psychoanalytic Training Program; Psychodynamic Psychotherapy Training Program; Post Degree Psychodynamic Program
- **Description:** Offers unique psychoanalytic and psychotherapy training programs utilizing foundations of Horneyan theory that are the basis for self psychology, modern conflict theory and transference focused therapy.

### 4. Blanton-Peale Graduate Institute

- **Address:** 7 West 30th Street, New York New York 10001
- **Phone:** 212-725-7850
- **Website:** [www.blantonpeale.org](http://www.blantonpeale.org)
- **Email:** [info@blantonpeale.org](mailto:info@blantonpeale.org)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters Degree
- **Training Programs:** Psychoanalytic Training; Pastoral Care
- **Description:** A four-year comprehensive post-Master's graduate program entailing didactic courses, patient work, and individual and case conference supervision. One of the only accredited post-graduate training programs in New

York City to be associated with an Office of Mental Health licensed counseling center.

#### 5. C.G. Jung Institute of New York

- **Address:** 28 East 39th Street
- **Phone:** 212-986-5458
- **Website:** <http://www.junginstitute.org/>
- **Email:** [cjunginstituteofy@gmail.com](mailto:cjunginstituteofy@gmail.com)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters degree in any field of study
- **Training Programs:** Matriculated Track (leads to NYS Licensure), Non-Matriculated Track (leads to applying for full matriculation)
- **Description:** A licensure qualifying program which entitles graduates to sit for the New York state examination to become licensed in psychoanalysis. The Institute offers courses on Mondays during the day and evenings to accommodate students who work regular business hours.

#### 6. Center for Human Development (CHD)

- **Address:** 515 East 14th Street, 8-H, New York, NY 10009 (Administrative) / 301 East 21st Street, 1-K, New York, NY 10010 (Executive)
- **Phone:** 212-642-6303
- **Website:** [www.theCenterforHumanDevelopment.org](http://www.theCenterforHumanDevelopment.org)
- **Email:** [CtrHumanDev@aol.com](mailto:CtrHumanDev@aol.com)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters Degree in any discipline
- **Training Programs:** LP leading to licensure; One-year certificate program; Korean Licensure track; Certificate in academic psychoanalysis requires 8 classes in unlimited period; Group Training Program; CASAC courses for CASAC recredentialing; Continuing Education Credits for Social Workers and Counselors
- **Description:** Established to promote sound and reasonable psychoanalytic study and training for those interested in sitting for New York State Licensure to

practice as Licensed Psychoanalyst. CHD training is designed to meet the individual's needs.

#### 7. Center for Modern Psychoanalytic Studies (CMPS)

- **Address:** 16 West 10th Street, New York, NY, 10011
- **Phone:** 212-260-7050
- **Website:** [www.cmps.edu](http://www.cmps.edu)
- **Email:** [cmps@cmps.edu](mailto:cmps@cmps.edu)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters Degree in any field
- **Training Programs:** Certificate Program; One-year Program
- **Description:** Founded on the theoretical framework of Freud as developed by Hyman Spotnitz, who pioneered techniques to work with preoedipal disorders previously thought untreatable through the psychoanalytic method. The training is exacting, using both experiential process and traditional teaching methods.

#### 8. Center for Psychotherapy and Psychoanalysis of New Jersey (CPPNJ)

- **Address:** 235 Main Street, #184 Madison, NJ 07940
- **Phone:** 973-912-4432
- **Website:** <http://www.cppnj.org>
- **Email:** [cppnj@aol.com](mailto:cppnj@aol.com)
- **License Eligible:** N/A in NJ
- **Minimum Degree:** Masters degree and licensed to practice psychotherapy by the State of New Jersey
- **Training Programs:** One-year program in Psychoanalytic Psychotherapy; Three-year certificate program in Psychoanalytic Psychotherapy; Six-year certificate program in Psychoanalysis; Two-year program in Couples Therapy Training Program; Supervision Training Program
- **Description:** A diverse, contemporary psychoanalytic training institute with over 100 faculty members representing a full range of perspectives and approaches. Through classes, supervision, and public programs, CPPNJ advocates that contemporary psychoanalysis remains vital for mental health treatment.

## 9. Columbia Center for Psychoanalytic Training and Research

- **Address:** 1051 Riverside Drive, Unit 6, New York, NY 10032
- **Phone:** 212-927-500
- **Website:** [www.psychoanalysis.columbia.edu](http://www.psychoanalysis.columbia.edu)
- **Email:** [columbia.psychoanalytic@gmail.com](mailto:columbia.psychoanalytic@gmail.com)
- **License Eligible:** No
- **Accredited:** The American Psychoanalytic Association
- **Minimum Degree:** PhD/PsyD in Clinical Psychology; MD with residency in Psychiatry
- **Training Programs:** Adult Psychoanalysis Program; Adult Psychodynamic Psychotherapy Program; Child Psychodynamic Psychotherapy Program; Parent/Infant Psychotherapy Program; Fellowship in Psychoanalysis; Psychology Externship in Psychodynamic Psychotherapies
- **Description:** A graduate program of Columbia University focused on education of new psychoanalysts and psychotherapists. The curricula are deeply rooted in the intellectual history of psychoanalysis, but also modern and multifaceted, emphasizing comparative study and critical thinking.

## 10. Contemporary Freudian Society (CFS)

- **Address:** 1173A Second Avenue, #323, New York, NY, 10065
- **Phone:** 212-752-7883
- **Website:** [www.contemporaryfreudiansociety.org](http://www.contemporaryfreudiansociety.org)
- **Email:** [contemporaryfreudiansociety@googlegroups.com](mailto:contemporaryfreudiansociety@googlegroups.com)
- **License Eligible:** Yes
- **Accredited:** New York State and the International Psychoanalytic Association
- **Minimum Degree:** Masters Degree. If not in a mental health field, candidates can apply for the LP track.
- **Training Programs:** Adult Psychoanalysis; Child Psychoanalysis; Psychodynamic Psychotherapy; Fellowship in Psychoanalysis; Parent-Infant Observation Program
- **Description:** Offers several training programs including Adult and Child Psychoanalysis, Psychodynamic Psychotherapy, and mentored Fellowships. A

member organization of the International Psychoanalytic Association, offering visas to foreign students enabling them to study.

#### 11. The Harlem Family Institute (HFI)

- **Address:** 2 Riverside Drive, Suite 5D, New York, NY 10023
- **Phone:** 646-479-2573
- **Website:** [www.harlemfamilyinstitute.org](http://www.harlemfamilyinstitute.org)
- **Email:** [info@harlemfamilyinstitute.org](mailto:info@harlemfamilyinstitute.org)
- **License Eligible:** Still in application process
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters in any field recognized by NY State Education Department, plus a license in any of the seven NY State health fields that include psychoanalysis in their scope of practice
- **Training Programs:** Program in Psychoanalysis; Program in Child & Adolescent Psychoanalytic Psychotherapy
- **Description:** A multicultural psychoanalytic training institute that provides two community services: free or affordable long-term therapy in neighborhood schools and community centers, and a dynamic training institute for aspiring psychoanalysts from diverse backgrounds.

#### 12. Institute for Contemporary Psychotherapy (ICP)

- **Address:** 1841 Broadway, 4th Floor, New York, NY 10023
- **Phone:** 212-333-3444
- **Website:** [www.icpnyc.org](http://www.icpnyc.org)
- **Email:** [لمانca.training@icpnyc.org](mailto:لمانca.training@icpnyc.org)
- **License Eligible:** Yes
- **Accredited:** The University of the State of New York Education Department (Absolute Charter)
- **Minimum Degree:** Masters degree, preferably within mental health, but exceptions are made
- **Training Programs:** 4-Year Analytic Training Program in Psychoanalysis and Psychoanalytic Psychotherapy; Two-Year Program in Contemporary Psychodynamic Psychotherapy; Professional Training Program in the Integrated Treatment of Eating Disorders; Program in Family and Couples Treatment

Services; Psychotherapy Center for Gender and Sexuality (PCGS) Clinical Certification Program; Integrated Trauma Training Program

- **Description:** Composed of a group of 150 professionally trained, licensed psychotherapists who offer a full range of psychotherapeutic services. ICP is dedicated to providing high quality therapy at low-to-moderate cost and post-graduate training for therapists.

### 13. Institute For Expressive Analysis (IEA)

- **Address:** 150 East 84th Street, Suite 2P, New York, NY 10028 (Mailing Address Only)
- **Phone:** 646-494-4324
- **Website:** [www.ieanyc.org](http://www.ieanyc.org)
- **Email:** [info@ieanyc.org](mailto:info@ieanyc.org)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Master's degree (in any field), 100 hours of personal treatment, and an admissions interview
- **Training Programs:** Track I - Designed for Candidates who are licensed as Physicians; Physician Assistants; Psychologists; Clinical Social Workers; Registered Professional Nurses and Nurse Practitioners; Track II - Designed for All Other Candidates and those who are licensed in the above professions but also want licensure in psychoanalysis; Child and Adolescent Module (open for both Track I & Track II candidates)
- **Description:** A New York State License (LP) qualifying institute that offers training in psychoanalysis with an eclectic program that is the only psychoanalytic institute that incorporates various creative and expressive modalities.

### 14. Institute for Psychoanalytic Education, affiliated with NYU School of Medicine (IPE)

- **Address:** One Park Avenue, 8th Floor, New York, NY 10016
- **Phone:** 646-754-4870
- **Website:** [www.med.nyu.edu/psa](http://www.med.nyu.edu/psa)
- **Email:** [IPE@nyumc.org](mailto:IPE@nyumc.org)

- **License Eligible:** Yes
- **Accredited:** The American Psychoanalytic Association
- **Minimum Degree:** Masters-level licensed mental health
- **Training Programs:** Adult Psychoanalysis Program (post-licensure and LP Tracks), Adult Psychotherapy (two years), Fellowship in Psychoanalysis (one year), Prelude to Training (one year), Child and Adolescent Psychoanalytic Training
- **Description:** One of the largest psychoanalytic institutes in New York, with a faculty of 145 psychoanalysts who teach a full range of clinical skills through seminar instruction and case supervision. The orientation is Contemporary Conflict Theory, building on and reinterpreting Freud's work with Kleinian, British Object Relations, Relational, self-psychological, and attachment theories.

#### 15. Institute for the Psychoanalytic Study of Subjectivity (IPSS)

- **Address:** 250 West 57th Street, Suite 501, New York, NY 10107
- **Phone:** 917-727-3340
- **Website:** [www.ipssny.org](http://www.ipssny.org)
- **Email:** [ipssny@ipssny.org](mailto:ipssny@ipssny.org)
- **License Eligible:** No
- **Accredited:** The Board of Regents of the State of New York
- **Minimum Degree:** Licensed Mental Health Professionals. Varies by program.
- **Training Programs:** Certificate Program in Psychoanalysis; Post-graduate Program in Psychoanalysis; One-Year Program for Professionals; Distance-Learning Program; Psychoanalytic Explorations
- **Description:** Founded in 1987 to offer training to candidates whose interest in psychoanalysis includes psychoanalytic scholarship and the development of psychoanalytic theory and research, with equal emphasis on clinical work and scholarship.

#### 16. Institute for Psychoanalytic Training and Research (IPTAR)

- **Address:** 140 West 97th Street, New York, N.Y. 10025
- **Phone:** 212-427-7070
- **Website:** [www.iptar.org](http://www.iptar.org)
- **Email:** [jf.iptar@gmail.com](mailto:jf.iptar@gmail.com)



- **License Eligible:** Yes
- **Accredited:** International Psychoanalytical Association, NYS Department of Education
- **Minimum Degree:** Master's Degree in their field or specialty
- **Training Programs:** Adult Psychoanalysis; Child and Adolescent Psychoanalytic Psychotherapy (CAP); Respecialization Program; F-1 Visa Program (SEVIS); Intern/Extern Program; Parent Infant Program; Program in Organizational Consultation and Executive Coaching
- **Description:** A psychoanalytic institute in existence for over 50 years with a history of innovation while maintaining high standards. Known for service to the community, interest in the arts, and diversity in psychoanalysis, evidenced by programs like Black Psychoanalysts Speak and Psychoanalysis in Latin America.

#### 17. The Jungian Psychoanalytic Association of New York (JPA)

- **Address:** 105 East 34th Street, #192, New York, NY 10016 (Mailing) / 347 Fifth Ave #1210, New York, NY 11016 (Appointments)
- **Phone:** 212-203-2106
- **Website:** [www.nyjung.org](http://www.nyjung.org)
- **Email:** [info@nyjung.org](mailto:info@nyjung.org)
- **License Eligible:** Yes
- **Accredited:** The International Association for Psychoanalytical Psychology
- **Minimum Degree:** Master's level or higher
- **Training Programs:** NYS Psychoanalytic License Qualifying Program; IAAP Certifying Program (International Association of Analytical Psychology)
- **Description:** An educational community of certified Jungian analysts which follows C.G. Jung's work as a theory of psychodynamics and the basis for effective analytic practice. The JPA seeks to promote the creative understanding of Jungian psychology in larger professional, artistic, political, cultural, and scientific communities.

#### 18. Manhattan Institute for Psychoanalysis (MIP)

- **Address:** 245 East 13th Street
- **Phone:** 212-422-1221
- **Website:** [www.manhattanpsychoanalysis.com](http://www.manhattanpsychoanalysis.com)

- **Email:** [minstitute@aol.com](mailto:minstitute@aol.com)
- **License Eligible:** Yes
- **Accredited:** The Board of Regents of The University of the State of New York
- **Minimum Degree:** MA in any field (varies by program)
- **Training Programs:** Certificate Program in Psychoanalysis; Licensure Qualifying Program in Psychoanalysis; One-Year Program in Psychoanalytic Psychotherapy; Certificate Program in Trauma Studies
- **Description:** Theoretical framework is Contemporary Interpersonal Psychoanalysis, with emphasis on the study of interpersonal orientation in both its historical and current theoretical contexts. The faculty and supervisors represent the range of contemporary psychoanalytic orientations.

#### 19. National Institute for the Psychotherapies (NIP)

- **Address:** 250 West 57th Street, Suite 501, New York, NY 10107
- **Phone:** 212-582-1566
- **Website:** [www.nipinst.org](http://www.nipinst.org)
- **Email:** [info@nipinst.org](mailto:info@nipinst.org)
- **License Eligible:** Yes
- **Accredited:** The Board of Regents of the University of the State of New York
- **Minimum Degree:** Master's degree or above in any field
- **Training Programs:** Adult Training Program in Psychoanalysis & Comprehensive Psychotherapy; License Qualifying Program in Psychoanalysis & Comprehensive Psychotherapy; Psychodynamic Approaches in Clinical Practice; Working with Children & Adolescents: Relational Psychoanalytic Approaches; Certificate Program in Psychotherapy Integration for Psychoanalysts & Psychoanalytic Psychotherapists; Integrative Trauma Program
- **Description:** Provides post graduate psychoanalytic training with an emphasis on contemporary relational models. The on-site treatment center offers candidates clinical experience and provides for personal development within a supportive professional community.

#### 20. National Psychological Association for Psychoanalysis (NPAP)

- **Address:** 40 West 13th Street, New York, N.Y. 10011
- **Phone:** 212-924-7440

- **Website:** [www.npap.org](http://www.npap.org)
- **Email:** [info@npap.org](mailto:info@npap.org)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters degree or higher in any field
- **Training Programs:** Certificate in Psychoanalysis
- **Description:** Trains candidates from a variety of backgrounds – the arts, social sciences, psychology, medicine, law, social work and the humanities. NPAP is an eclectic institute with a curriculum including a variety of psychoanalytic theories. The program is flexible – you go through it at your own pace.

#### 21. New Jersey Institute for Training in Psychoanalysis (NJI)

- **Address:** 121 Cedar Lane, Teaneck, NJ 07666
- **Phone:** 201-836-1065
- **Website:** [www.njinstitute.com](http://www.njinstitute.com)
- **Email:** [njinstitut@aol.com](mailto:njinstitut@aol.com)
- **License Eligible:** Yes
- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters degree in a mental health field
- **Training Programs:** 1 year psychoanalytically-oriented psychotherapy certificate program; 1 year child and adolescent psychotherapy studies certificate program; Psychoanalytic psychotherapy program (3 years); Certified psychoanalytic program (5 years); Supervision of the Psychoanalytic Process
- **Description:** An accredited member of ABAP and a long-standing training institute offering a comprehensive training program. Starting with Freud and continuing through contemporary writers like Mitchell and beyond, they maintain a training clinic offering private practice opportunities.

#### 22. The New York Psychoanalytic Society and Institute (NYPSI)

- **Address:** 247 East 82nd Street, New York, NY 10028
- **Phone:** 212-879-6900
- **Website:** [www.nypsi.org](http://www.nypsi.org)
- **Email:** [admdir@nypsi.org](mailto:admdir@nypsi.org)
- **License Eligible:** No

- **Accredited:** American Psychoanalytic Association
- **Minimum Degree:** Psychiatrists, Doctoral Level Psychologists, LCSW's, and students with advanced standing in these disciplines
- **Training Programs:** Adult psychoanalysis; Training program in child and adolescent psychoanalysis; Scholars Program; Psychodynamic Psychotherapy Program; Psychology Externship and Internship; Psychoanalytic Fellowship; Postdoctoral Clinical Psychology Fellowship; Early Childhood Externship; Research Externship; and Research Fellowships at the Pacella Parent Child Center
- **Description:** Draws upon over one hundred years of tradition to promote excellence in teaching, research, and provision of psychoanalytic treatment. NYPSI follows the tripartite model including personal analysis, weekly supervision and intensive didactic curriculum.

### 23. The New York School for Psychoanalytic Psychotherapy and Psychoanalysis (NYSPP)

- **Address:** 200 West 57th Street, Suite 905, New York, NY 10019
- **Phone:** 212-245-7045
- **Website:** [www.nyspp.org](http://www.nyspp.org)
- **Email:** [nysppa@gmail.com](mailto:nysppa@gmail.com)
- **License Eligible:** No
- **Accredited:** New York State Education Department & ACPEinc
- **Minimum Degree:** A mental health degree
- **Training Programs:** Psychoanalytic Psychotherapy; Child and Adolescent Workshop Program; Psychodynamic Psychoanalysis; Advanced Seminars
- **Description:** Takes a dynamic approach to understanding emotional problems and strives for excellence in teaching, clinical service to the community and professional development. NYSP offers a comprehensive three year training program leading to the Certificate in Psychoanalytic Psychotherapy and a subsequent two year program leading to a Certificate in Psychoanalysis.

### 24. New York University Postdoctoral Program in Psychotherapy and Psychoanalysis ("Postdoc")

- **Address:** 240 Greene Street, 3rd floor, New York, NY, 10003

- **Phone:** 212-998-7890
- **Website:** <http://postdocpsychoanalytic.as.nyu.edu/>
- **Email:** [gsas.postdoc@nyu.edu](mailto:gsas.postdoc@nyu.edu)
- **License Eligible:** No
- **Accredited:** ACPEinc
- **Minimum Degree:** Doctoral Degree (PhD, PsyD), MD, DSW, Doctoral degrees in a related field with 2 years of clinical experience
- **Training Programs:** Psychoanalytic Training (tracks in Contemporary Freudian, Independent, Interpersonal-Humanistic, Relational), Advanced Specialization Programs in Couple and Family Therapy and Trauma and Disaster Studies. There is also a Contemplative Studies Project.
- **Description:** Offers a diverse curriculum that spans four major orientations. Candidates are encouraged to sample courses and supervisors from each of the orientations, but may also choose to concentrate in only one of them.

#### 25. Psychoanalytic Psychotherapy Study Center (PPSC)

- **Address:** 80 Fifth Avenue, Suite 903, New York, NY 10011
- **Phone:** 212-633-9162
- **Website:** [www.PPSC.org](http://www.PPSC.org)
- **Email:** [PPSC@att.net](mailto:PPSC@att.net)
- **License Eligible:** Yes
- **Accredited:** New York State Education Department
- **Minimum Degree:** Masters degree
- **Training Programs:** The 4-year certificate in Psychoanalysis (P); The 3-year certificate in Psychoanalytic Psychotherapy (PP); The License-Qualifying Certificate of Completion Program in Psychoanalysis (LP); Advanced Psychodynamic Addictions Training Program (APAT); PPSC Annex offers ongoing seminars and workshops for further professional development at all levels of practice; Treatment Services offers direct practice opportunities for trainees and adjusted fee psychotherapy for the community at large
- **Description:** Offers both flexibility and shorter programs along with the rigor of more traditionally oriented analytic institutes. The highly trained faculty are

gifted clinicians with many years of experience and an impressive record of publication and contribution to the field.

#### 26. Stephen Mitchell Center for Relational Studies

- **Address:** 330 W. 58th Street, suite 507, New York, NY, 10019
- **Phone:** 212-582-3682
- **Website:** [www.mitchellrelationalcenter.org](http://www.mitchellrelationalcenter.org)
- **Email:** [stephenmitchellcenter@gmail.com](mailto:stephenmitchellcenter@gmail.com)
- **License Eligible:** No
- **Accredited:** No
- **Minimum Degree:** A minimum of a Masters Degree in a mental health field is required
- **Training Programs:** One Year Introductory Program in Relational Psychotherapy; Second Year Program; Comprehensive Four-Year Program; Brief Seminar Series
- **Description:** Exists for the purposes of educating professional psychoanalysts, psychotherapists, and the public about the nature, theory, clinical practice and practical utilization of relational psychoanalysis. The center provides opportunities for the investigation and development of relational psychoanalysis through education and by convening conferences, seminars, and public lectures.

#### 27. The Suffolk Institute for Psychotherapy and Psychoanalysis (SIPP)

- **Address:** 4940 Merrick Road, Suite 357, Massapequa Park, NY 11762
- **Phone:** 631-724-3414
- **Website:** <http://www.suffolkinstitute.org>
- **Email:** [suffolk.institute@gmail.com](mailto:suffolk.institute@gmail.com)
- **License Eligible:** No
- **Minimum Degree:** Completion of a Graduate Degree: M.D., Ph.D. or Psy.D in Psychology, Clinical Social Work, Psychiatric Nursing, Marriage and Family Counseling, Mental Health Counseling, or Art Therapy OR State license that accompanies that degree, allowing private practice
- **Training Programs:** One Year Program in Psychoanalytic Psychotherapy, Four Year Program in Psychotherapy and Psychoanalysis

- **Description:** In operation since 1989 when it was chartered by the New York State Education Department. Offers two post-graduate training programs in psychotherapy and psychoanalysis, in addition to conferences and workshops for the greater professional community.

## 28. Training Institute for Mental Health (TIMH)

- **Address:** 115 West 27th Street, 4th Floor, New York, NY 10001
- **Phone:** 212-627-8181
- **Website:** [www.timh.org](http://www.timh.org)
- **Email:** [timh@earthlink.net](mailto:timh@earthlink.net)
- **Accredited:** The Board of Regents of the University of the State of New York
- **Minimum Degree:** License Eligible Masters Programs in mental health
- **Training Programs:** One Year Basic Concepts in Psychotherapy Program; Three Year Part-Time Training Program in Psychoanalytic Psychotherapy; Two Year Part-Time Training Program in Psychoanalysis; Two Year Group Therapy Training Program; Two Year Couples Therapy Training Program; Two Year Program in the Supervision of the Psychotherapeutic Process
- **Description:** Hosts an acclaimed training program for mental health professionals in psychoanalysis, psychoanalytic psychotherapy, group and couples therapy as well as in the supervision of the psychotherapeutic process. TI is also a psychotherapy clinic providing affordable, high-quality mental health services to people who live, work or go to school in the New York City Metropolitan area.

## 29. Washington Square Institute (WSI)

- **Address:** 41 E. 11th Street, 4th Fl., New York, NY 10003
- **Phone:** 212-477-2600
- **Website:** [www.wsi.org](http://www.wsi.org)
- **Email:** [admin@wsi.org](mailto:admin@wsi.org)
- **License Eligible:** Yes
- **Accredited:** The Board of Regents of the University of the State of New York
- **Minimum Degree:** Masters degree in any field for Psychoanalysis and Psychoanalytic Psychotherapy Training Program; degrees vary by discipline for admission into the Family Law and Family Forensics Training Program

- **Training Programs:** Psychoanalysis and Psychoanalytic Psychotherapy Training Program; Family Law and Family Forensics Training Program
- **Description:** Offers a comprehensive training program in psychoanalysis and psychoanalytic psychotherapy within a psychodynamic framework. The emphasis throughout training is an integration of theory and practicum with an intensive training analysis. Candidates receive a solid foundation in psychoanalytic theory and technique across contemporary approaches.

### 30. Westchester Center for the Study of Psychoanalysis and Psychotherapy (WCSPP)

- **Address:** 468 Rosedale Avenue, White Plains, NY 10605
- **Phone:** 914-997-7500
- **Website:** [www.wcspp.org](http://www.wcspp.org)
- **Email:** [info@wcspp.org](mailto:info@wcspp.org)
- **License Eligible:** Still in application process
- **Accredited:** The Board of Regents of the University of the State of New York
- **Minimum Degree:** Varies by discipline, see website for more information
- **Training Programs:** Psychoanalytic Training Program; Adult Psychotherapy Training Program; Child and Adolescent Training Program; Couples Therapy Training Program; Supervisory Training Program; Licensed Qualifying Program (pending 2014)
- **Description:** Since 1974, students have emerged from WCSPP programs with an expanded understanding of their patients, their clinical work, and themselves. Programs are grounded in psychoanalytic thinking with a compassionate, contemporary viewpoint combining rigorous coursework, training cases, and expert supervision.

### 31. Westchester Institute for Training In Psychoanalysis and Psychotherapy (WITPP)

- **Address:** 66 Main Street, Bedford Hills, NY 10507
- **Phone:** 914-666-0163
- **Website:** [www.westchesterinstitute.org](http://www.westchesterinstitute.org)
- **Email:** [witpp@verizon.net](mailto:witpp@verizon.net)
- **License Eligible:** Yes



- **Accredited:** ABAP, Inc.
- **Minimum Degree:** Masters
- **Training Programs:** Licensed qualifying program offering candidates the opportunity to specialize in Freudian and post-Freudian analysis, object relations, interpersonal/inter subjective analysis, and ego psychology
- **Description:** Founded by Henry Holt, M.D in 1974, who was interested in the relation between psychoanalysis, philosophy and religious belief. He aimed to create an institute that would bring these three fields into a creative therapeutic alliance under the umbrella of existential psychology, exploring the relation of psychoanalysis to philosophy and faith.

### 32. William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology

- **Address:** 20 West 74th Street, New York, NY, 10023
- **Phone:** 212-873-0725
- **Website:** [www.wawwhite.org](http://www.wawwhite.org)
- **Email:** [director@wawwhite.org](mailto:director@wawwhite.org)
- **License Eligible:** Yes
- **Minimum Degree:** Varies by discipline and program, please visit website for more information
- **Training Programs:** Certificate Program in Psychoanalysis; License Qualifying Certificate Program in Psychoanalysis; Child & Adolescent Psychotherapy Training Program
- **Description:** Offers advanced professional training in psychoanalysis and its applications. The Certificate Program in Psychoanalysis (requiring 4-6 years to complete) provides didactic coursework in areas of theory and clinical practice, an extensive immersion in clinical supervision, and a personal training analysis. The Child and Adolescent Psychotherapy Training Program (requiring 3 years to complete) includes coursework and seminars, individual and group supervision, and clinical experience in the Child and Family Center.

### 33. Women's Therapy Centre Institute (WTCI)

- **Address:** 562 West End Avenue, Suite 1c, New York, NY, 10024
- **Phone:** 212-721-7005
- **Website:** [www.WTCI-NYC.org](http://www.WTCI-NYC.org)

- **Email:** [WTCINYC@mac.com](mailto:WTCINYC@mac.com)
- **License Eligible:** Yes
- **Accredited:** Provisionally chartered by New York State
- **Minimum Degree:** Master's in any mental health field
- **Training Programs:** Eating and The Body: A Cultural, Relational Psychoanalytic Framework
- **Description:** The Women's Center for Psychotherapy and Psychoanalysis is an institute dedicated to advanced training in psychoanalysis and psychotherapy with an emphasis on gender and feminist theory. Our members are a diverse group of clinicians who share a commitment to thinking psychoanalytically about the social world and the unconscious dimensions of gendered experience. We offer training in psychoanalysis and psychoanalytic psychotherapy, as well as ongoing clinical seminars and study groups. Our approach is inclusive and eclectic, integrating classical and contemporary psychoanalytic theories with attention to the social contexts and power dynamics that shape psychic life.

The longest running feminist, relational psychoanalytic training program in the country, over 30 years. Specializes in eating problems and body dysmorphia for post graduate therapists. All work includes the impact of political, economic and ideological structures on psychic development and on the therapeutic relationship.

The Women's Center trains candidates in feminist, relational psychoanalysis and psychotherapy. We offer:

- A certificate in psychoanalysis and/or psychotherapy
- A flexible training structure, attentive to candidates' work/life circumstances
- Emphasis on intersectionality and a supportive cohort model
- A vibrant community of clinicians and scholars engaged in ongoing inquiry

We welcome applicants from all mental health disciplines, and especially encourage applications from individuals from underrepresented communities.

